

Triple-R-Triathlon

26th Annual Triple-R-Triathlon at Flater's Resort

May 11th, 2013

noon

Pre-register by: April 30th, 2013

Entry fees:

- \$25 for pre-registered racers
- \$35 on day of race

Race consists of

- 3 mile run*
- 16 mile* paved bike ride
- 7 mile* canoe or kayak downriver.

Find a partner and do it together or relay!
Or just do the entire race on your own!

For more information or
registration forms go to
www.flatersresort.com



MEDALS

For 1st—3rd
Places in each
race category.
T-shirts provided
for the first 400
registrants!

Sponsored by:

- Spring Street Sports
- Old Bogie's
- River's Edge
- Pine Drive Bar & Grill
- Flater's Resort
- Flambeau River Adventures

A portion of the proceeds will go to a charitable organization yet to be determined.

*Please note that all distances are approximate. The race starts at Flater's Resort at noon and begins with the run/walk portion. Music, food and beer will be provided to racers after the race. Food will be available to non-racers for a nominal charge. There will be a raffle for great prizes followed by presentation of the 1-3rd place medals in each race category.

Please mail registration forms to: Flater's Resort; N270 County Rd E; Holcombe, WI 54745